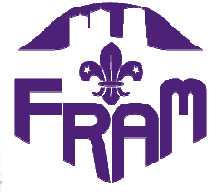


# The Fram Post



**Summer 2013**



*Welcome...*

Welcome to the Summer 2013 edition of the Fram Post. The summer is always a busy time in the Scouts and this summer is no exception.

*Last term!*

Despite the cold weather and snow the early spring was very active with climbing, camps, hikes, crafts, DIY at B&Q, joint nights, cooking and much more.

*This term!*

This term starts early for the Leaders this term with a Food Hygiene course for the Leaders, other high lights will include the St Georges Day service where the winning St Georges film will be shown (hopefully), cycle rides, canoeing, water days, rafting and much more.

*Canada Moot*

In case you haven't heard, while the Scouts are camping near Leeds this summer a second Fram contingent is heading over the pond to the Canadian Moot – we offer them our best wishes in this exciting Scouting adventure.

*Sainsbury's vouchers!*

Please keep the Sainsbury's vouchers coming in (collection box in the entrance hall) – the more vouchers we collect the more equipment we can get. We'll be collecting the Tesco voucher too whenever they start.

*Group Night and AGM*

The Group Night will start at 18.00 with the AGM starting at 19.00 at **Moor House on Wednesday 22<sup>nd</sup> May** with activities running until 20.00. In addition to the BBQ, there will also be Grass Sledging, Abseiling, Climbing and Crate stacking.

Please see the back page for more information.

*Group T Shirts*

Once the standing order has been set up, with first payment received, each child should be given a light blue Fram T-shirts. If you think your child is due one, please speak to your section leader. A new one can be requested after 2 years if need.

*Group Scout Leader Contact Details*

John Little

[john@framscouts.org.uk](mailto:john@framscouts.org.uk)



# Monday Beaver News



## Last term

Last term, Beavers earned their Global Challenge badge, and Promise Challenge award, with a number also gaining their Bronze Scout Award (for having all six challenge badges). A cancelled hike, a cancelled entertainer at the entertainment evening, as well as a Roman visitor who didn't turn up (and we still haven't found out why!) set a positive theme for the term, though the entertainer did eventually regain his voice and give a performance at a later date. We learnt about different birds, about Australia, did some map reading and knot tying, and also worked towards the experiment and imagination badges as well as playing plenty of games and generally having fun. Tree planting with the Woodland Trust was also enjoyed, though cold!

## Moving to Cubs

The transition up to Cubs usually happens at the start of the school half term after a Beaver has passed their eighth birthday, though this can be delayed for a few weeks if cubs are full.

If you know your Beaver is due to move, but haven't been contacted by a Cub leader towards the end of the half term, please let Alastair know. If you would prefer a certain night (Tuesday or Wednesday), please let us know well in advance so that we can try to keep a space available at the corresponding cub pack. Preferences cannot always be met when the cub pack in question is full.

## This term

This term, we are trying to be outside a fair bit, and so have various trips planned around Durham. If you have problems with transport to any of these, please let a leader know, and we will try to sort out a lift. When we are away from the hut, we will generally run from 6-7pm as usual, unless otherwise stated. If any parents are able to help with crowd control while we are out and about, this would be gratefully received. Planned trips include to the Botanic garden, to Flass vale, to Houghall woods, and to Newton Junction nature reserve. There is also a Beaver picnic for Beavers from all over the county (which will involve a day of activities with lunch in the middle), and a Beaver sports night, as well as a Faith picnic at the end of term.



If you have any queries, or comments about our programme, or ideas, or would like to get involved in some way, then please speak to Alastair ([ali@framscouts.org.uk](mailto:ali@framscouts.org.uk), 0191 3845723). Happy Summer everyone!



# Monday Beaver's Programme



The Beaver Section runs from 6 until 7pm unless Beavers/parents are informed otherwise.

|          |           |   |
|----------|-----------|---|
| 15 April | Monday    | Fitness challenge   |
| 19 April | Friday    | St George's Film Night (District Event)<br>19:15 - 21:00                  |
| 21 April | Sunday    | District St George's Day Service (Elvet Methodist Church) - 14:45 - 16:00 |
| 22 April | Monday    | St Georges Day  |
| 29 April | Monday    | Botanic Garden  |
| 6 May    | Monday    | Bank holiday - no Beavers - Joint with Thursday instead                   |
| 9 May    | Thursday  | Healthy Eating (Joint with Monday)  |
| 13 May   | Monday    | Flass Vale  |
| 20 May   | Monday    | Minibeasts and wildlife   |
| 22 May   | Wednesday | Group AGM & Activity Night<br>19:00 - 21:00                               |
| 27 May   | Monday    | Half term - no beavers  |
| 3 June   | Monday    | Pizza making joint with Beavers and Explorers                             |
| 8 June   | Saturday  | Beaver county picnic  |
| 10 June  | Monday    | No Beavers - sports night on Thursday                                     |
| 13 June  | Thursday  | District Sports Night   |
| 17 June  | Monday    | Obstacle course, boats  |
| 24 June  | Monday    | Newton Junction nature reserve  |
| 1 July   | Monday    | Health and fitness  |
| 8 July   | Monday    | Houghall woods  |
| 14 July  | Sunday    | District Faith picnic - 12:00 - 17:00                                     |
| 15 July  | Monday    | Orienteering  |
| 22 July  | Monday    | No beavers - holiday (until Sept)   |



## Leader Contact Details

Alistar Basden

[ali@framscouts.org.uk](mailto:ali@framscouts.org.uk)



# Thursday Beaver News



## Last Term...

Several Beavers moved on to Cubs we welcomed new Beavers and a new leader to our group, we hope you get as much pleasure from Scouting as we do.

As part of our Global Challenge badge we learnt about Australia and Kenya. Our Beaver mascot as travelled to Busselton in Western Australia and in return they have sent us their mascot who is called Joey (but he is a Possum). No doubt he will be visiting some of you shortly.

We did some impromptu acting where some real talent was on show. Have had various encounters with knights and dragons and lived to tell the tale.

Experiments with cabbage water and universal indicators, ELEPHANTS toothpaste, coke and mentos were carried out and we found that science does not always work with our fruit batteries.

## Next Term...

We will be focusing on the Fitness and Outdoor Challenge badges. So as to give us a little more time for Flass Vale and the Hike we will start at 5.30pm and end at our usual time 7.00pm.

There will be encounters with bugs and birds of prey but not on the same night. Tents will be erected and we hope to end the term with a camp fire at Moor House.





# Thursday Beaver's Programme



The Beaver Section runs from 6 until 7pm unless Beavers/parents are informed otherwise.

|          |           |  |
|----------|-----------|--|
| 18 April | Thursday  | Games Night  |
| 19 April | Friday    | St George's Film Night (District Event)<br>19:15 - 21:00                     |
| 21 April | Sunday    | District St George's Day Service<br>(Elvet Methodist Church) - 14:45 - 16:00 |
| 25 April | Thursday  | Wide Games with Belmont at The Carrs   |
| 2 May    | Thursday  | Birds of Prey  |
| 9 May    | Thursday  | Healthy Eating (Joint with Monday)   |
| 16 May   | Thursday  | Flass Vale (TBC)<br>17:30 - 19:00  |
| 22 May   | Wednesday | Group AGM & Activity Night<br>19:00 - 21:00                                  |
| 23 May   | Thursday  | No Beavers - AGM on Wednesday with activities for Beavers                    |
| 30 May   | Thursday  | Half Term - No Beavers   |
| 6 June   | Thursday  | Outdoor Crafts   |
| 8 June   | Saturday  | Beaver county picnic   |
| 13 June  | Thursday  | District Sports Night  |
| 20 June  | Thursday  | Bug Hunting at Houghall  |
| 27 June  | Thursday  | Tent Pitching (at the Hut)   |
| 4 July   | Thursday  | Hike - Castle Dene to Chester-le-Street Park<br>17:30 - 19:00                |
| 11 July  | Thursday  | Farm Visit (TBC)   |
| 14 July  | Sunday    | District Faith picnic - 12:00 - 17:00  |
| 18 July  | Thursday  | Firelighting (Moor House)  |



## Leader Contact Details

Sarah Williams

[sarah@framscouts.org.uk](mailto:sarah@framscouts.org.uk)



### Busy Term!

This term has seen all types of weather. We have not however let this dampen our spirits. We had a great time at Moor House with loads of snow and even enjoyed a snow ball fight!

We have ran a wide ranging programme this term with activities ranging from pancake making and tobogganing at Moor House!

We have completed two badges this term, our artists and our first aid. For our first aid we had Stuart come and teach us. He was great as he made a vital life skill enjoyable to learn.

Our recent highlight was the district football competition where we came second by just one goal on goal difference! Great work boys!

We now have our Powburn Camp to look forward to!

### Cubboree - 21<sup>st</sup> - 23<sup>th</sup> June

Cubboree is a County camp for all Cubs in Durham Scout County which is held every 2 years. It's at Moor House so not too far away!



There are always loads of activities for the Cubs to do, from climbing and abseiling to inflatables. We camp in tents and it's always enjoyed by all those who go!

### Six Prizes

The six points were again really close and it was 3 points in it! Well done yellow six! The Cub prizes for commitment, enthusiasm and participation during this term went to Hayley Maycock. Well done! We also wish Hayley, Thomas, Alex and Bryn a great time in Scouts next term.



# Cub Tuesday Programme



This runs from 6.45 until 8pm unless Cubs/parents are informed otherwise.

|          |               |  |
|----------|---------------|--|
| 19 April | Friday        | St George's Film Night (District Event) 19:15 - 21:00                                      |
| 21 April | Sunday        | District St George's Day Service (Elvet Methodist Church) 14:45 - 16:00                    |
| 23 April | Tuesday       | Cubs Chalmers Shield Competition (District) (Houghall - High Wood) 17:45 - 20:35           |
| 28 April | Sunday        | Cubs: District Day Hike (Gibside)  |
| 30 April | Tuesday       | Athletics Badge - week 1   |
| 7 May    | Tuesday       | No meeting - joining with Wed Cubs this week   |
| 8 May    | Wednesday     | Pond Dipping and Bug Hunting (Low Newton Junction) - Joint with Tuesday Cubs 18:00 - 20:00 |
| 11 May   | Saturday      | Pete Swinney County Competition  |
| 14 May   | Tuesday       | Athletes Badge - Week 2  |
| 21 May   | Tuesday       | Backwards Cooking @ Moor House   |
| 22 May   | Wednesday     | Group AGM & Activity Night 19:00 - 21:00   |
| 26 May   | Sunday        | Fountains Abbey and Studley Royal Water Garden Walk and Visit                              |
| 28 May   | Tuesday       | Half Term - NO MEETING   |
| 1 June   | Saturday      | Group Event - Cycle Ride (Hetton Lyons C.P. to Wynard W.P.)                                |
| 4 June   | Tuesday       | Local Knowledge Badge  |
| 8 June   | Saturday      | Group Event - Cragside Walk and Visit  |
| 11 June  | Tuesday       | Fathers Day Night  |
| 13 June  | Thursday      | District Sports Night  |
| 18 June  | Tuesday       | Wide Games @ Moor House  |
| 21 June  | Friday-Sunday | Cubboree 2013  |
| 25 June  | Tuesday       | Challenge Night  |
| 29 June  | Saturday      | Cub Water day 10:00 - 14:00  |
| 2 July   | Tuesday       | Sports Enthusiast Night  |
| 9 July   | Tuesday       | Archery  |
| 16 July  | Tuesday       | Summer Party   |

## Leader Contact Details



George

[george@framscouts.org.uk](mailto:george@framscouts.org.uk)



Andy and George can be contacted by phone on 0191 375 7566



## wednesday cub News



### Last Term...

We had fun learning about the movies and some of the techniques used when people make films. (Join us on the 19<sup>th</sup> at Waterhouses to see the finished film.) This included green screen work and learning about puppetry.

We went hiking in the dark, once with our Pack and once with District; played football against the rest of the District; demonstrated our Scottish Dancing skills thanks to Steve Ramsay and learnt about Physics.

Lastly we had great fun on camp at Great Tower where we tried lots of fun new activities.

We'd like to thank all the leaders, parents and our other supporters for their ongoing commitment to making Cubs as exciting as possible.

### This Term...

We will be exploring the Great Outdoors on foot, bike and horse back; we'll get our hands dirty helping the local community; learn about nature; and improve our fitness.

There will also be lots of chances to join up with other Cub Scouts: during joint Pack nights with Belmont & Coxhoe; District activities and at County's Cubboree camp.

During the term we will have the chance to earn various badges, these include: Athlete; Fitness Challenge; Map Reader; Naturalist; Outdoor Challenge; Water Activities; and we will also be working towards many more.

On Friday 19<sup>th</sup> April any Cubs who join us for the St. George's Film Night at Waterhouses will also complete their Faith Partnership Award Badges.







# wednesday Cub Programme



Evenings during **Summer Term** will run from **6:00pm until 8:00pm** unless Cubs and parents are informed otherwise. Please check online for any changes to venues or times.

|          |           |   |
|----------|-----------|---|
| 16 April | Tuesday   | Wed Cubs - Orienteering with Belmont Cubs at Hardwick Country Park                  |
| 17 April | Wednesday | Navigation Skills at Hedleyhope Fell<br>18:00 - 20:00                               |
| 19 April | Friday    | St George's Film Night (District Event)<br>19:15 - 21:00                            |
| 21 April | Sunday    | District St George's Day Service (Elvet Methodist Church)<br>14:45 - 16:00          |
| 23 April | Tuesday   | Cubs Chalmers Shield Competition (District) (Houghall - High Wood)<br>17:45 - 20:35 |
| 24 April | Wednesday | Flass Vale - 19:00 - 21:00  |
| 28 April | Sunday    | Cubs: District Day Hike (Gibside) - 10:00 - 16:00                                   |
| 1 May    | Wednesday | Washington Wildfowl Park (TBC) - 18:00 - 19:30                                      |
| 8 May    | Wednesday | Pond Dipping and Bug Hunting (Low Newton Junction)                                  |
| 11 May   | Saturday  | Pete Swinney County Competition   |
| 13 May   | Monday    | Wed Cubs - Firelighting and Backwoods Cooking with Coxhoe Cubs (Moor House)         |
| 15 May   | Wednesday | Navigation Hike (Location TBC)  |
| 22 May   | Wednesday | Group AGM & Activity Night<br>19:00 - 21:00   |
| 26 May   | Sunday    | Fountains Abbey and Studley Royal Water Garden Walk and Visit                       |
| 29 May   | Wednesday | Half Term - No Cubs   |
| 1 June   | Saturday  | Group Event - Cycle Ride (Hetton Lyons C.P. to Wynard W.P.)                         |
| 5 June   | Wednesday | Cycle ride from High Shincliffe to Broompark Picnic Area - 18:00 - 20:00            |
| 8 June   | Saturday  | Group Event - Cragside Walk and Visit   |
| 12 June  | Wednesday | No Cubs? TBD  |
| 13 June  | Thursday  | District Sports Night   |
| 19 June  | Wednesday | Treasure Hunt (Venue TBC)   |
| 21 June  | Friday    | Cubboree 2013   |
| 26 June  | Wednesday | Athletics Night at Maiden Castle (TBC)  |
| 29 June  | Saturday  | Cub Water day   |
| 3 July   | Wednesday | Equestrian (Bowes Riding School)  |
| 10 July  | Wednesday | Shelter Building (Venue TBC) 18:00 - 20:00  |
| 13 July  | Saturday  | Pen-y-ghent Walk (Limited Spaces - Experienced Walkers Only)                        |
| 17 July  | Wednesday | Wide Games with Belmont Cubs (The Carrs)  |

## Leader Contact Details

David Baker [david.baker@framscouts.org.uk](mailto:david.baker@framscouts.org.uk)

07906 988038 / 0191 3867591



# wednesday Scout News



## Last Term

Wednesday Scouts have had another busy term. We've been Bouldering, Bowling and B&Q-ing. We have had a Food Adventure and taken part in a competition or two...

## Outdoor Scouting Competition

By James C

The outdoor scouting competition is a hike on which there are activity bases. We were marked on our performance at these stops and the best would win the competition.

Unfortunately the contest fell on a gloomy day, it was freezing and soon began raining. However we walked on confidently only to find that we had gone in the wrong direction out of the hut...a great start! We soon noticed our mistake and managed to complete the rest of the route in time and went to the bases in order, unlike some other troops. In the end, our team came in second place, a high achievement.

## This Term

This term is Action Packed. Our theme is Survival, so we will be looking at Outdoor First Aid and Survival Food as well as going on a Survival Hike. We also have planned a Scuba Diving session.

We also have lots of weekend walks and activities on offer. We have a walk at Fountains Abbey and Craggside and a Cycle ride from Hetton Lyons to Wynyard.

And there's lots more too...





# Wednesday Scout Programme



Wednesday Scouts runs from 1900 to 2100 at the Scout Hut unless stated otherwise.  
Hut open at 1850 to allow a prompt 1900 start. Duty Patrols are shown in Square Brackets below.

|           |                   |  |
|-----------|-------------------|--|
| 17 April  | Wednesday         | Wide Games   |
| 19 April  | Friday            | St George's Film Night (District Event) - 19:15 - 21:00                    |
| 21 April  | Sunday            | District St George's Day Service (Elvet Methodist Church)<br>14:45 - 16:00 |
| 24 April  | Wednesday         | Flass Vale   |
| 1 May     | Wednesday         | Scuba Diving (TBC)   |
| 8 May     | Wednesday         | Leadership Night   |
| 11 May    | Saturday          | District cooking competition   |
| 15 May    | Wednesday         | Outdoor First Aid  |
| 18 May    | Saturday - Sunday | Canoe Expedition   |
| 22 May    | Wednesday         | Group AGM & Activity Night   |
| 26 May    | Sunday            | Fountains Abbey and Studley Royal Water Garden Walk and Visit              |
| 1 June    | Saturday          | Group Event - Cycle Ride (Hetton Lyons C.P. to Wynard W.P.)                |
| 5 June    | Wednesday         | Community Week   |
| 8 June    | Saturday          | Group Event - Cragside Walk and Visit                                      |
| 12 June   | Wednesday         | District Scout Highland Games  |
| 15 June   | Saturday          | Gorge Walking  |
| 19 June   | Wednesday         | Survival Food Night  |
| 25 June   | Tuesday           | Rafting Challenge  |
| 3 July    | Wednesday         | Archery/Fencing  |
| 5 July    | Friday            | Canoe camp   |
| 10 July   | Wednesday         | Survival Hike  |
| 13 July   | Saturday          | Pen-y-ghent Walk (Limited Spaces - Experienced Walkers Only)               |
| 17 July   | Wednesday         | Flass Vale   |
| 17 August | Saturday          | Summer Camp  |



## Leader Contact Details

Iain Wood [iain@framscouts.org.uk](mailto:iain@framscouts.org.uk)



# Friday Scout News



## Links with other Troops

Last term our Troop joined up with other Troops in the District for some fun and friendly competition. We visited 5<sup>th</sup> Durham in Brandon for a Scouting skills challenge evening and 19<sup>th</sup> Durham in Neville's Cross for a global cooking evening. Both nights were a real success – thanks to all those Scouts that represented us so well. We look forward to reciprocating the hospitality of the Troops we visited in the coming term.

## Out and About

Many thanks to Alistair Edge for arranging a trip to the Astronomy Department at Durham University for the Scouts.

We enjoyed a talk about the meteor that had just hit Russia, looked for an asteroid that was passing close to the Earth that evening, made a planisphere and had a close up look at the moon through a telescope.

## Jayz Animal Encounters



Many of the Beavers and Cubs have already met Jay and his animals. Not wanting to be left out we invited Jay back to Fram for an evening with the Scouts. We saw snakes, scorpions, bull frogs and the less intimidating meerkat. Great fun was had by all.

## High Ropes Adventure



Thwarted by double booking and then the weather, plans for weekend Scouting in the Easter holidays didn't turn out how we'd expected. Nevertheless, 12 Scouts headed out to the Great Tower National Scout Centre for a day on the high ropes. They faced their fears on the 'Leap of Faith' and tested their teamwork on 'Jacob's Ladder'.

## Upcoming camp opportunities

**18<sup>th</sup>-19<sup>th</sup> May:** Canoe expedition on Loch Lomond (some paddling experience preferable, all kit provided, wild camping on an island on the Loch)

**24<sup>th</sup>-26<sup>th</sup> May:** County camping competition @ Moor House (team of Scouts plan and carry out their own program, menus etc. for the weekend)

**5<sup>th</sup>-7<sup>th</sup> July:** Basic Canoe camp (no experience necessary, all kit provided, camping at Moor House)

**17<sup>th</sup>-24<sup>th</sup> August:**

Summer camp, West Yorkshire – sign up now!





# Friday Scout Programme



The Scout section runs every Friday evening, 7pm to 9pm meeting at the Scout Hut unless the programme says elsewhere. Please try to let us know if you will away so we can plan accordingly.

|           |                    |  |
|-----------|--------------------|--|
| 19 April  | Friday             | Games and Challenges OR<br>St George's Film Night (District Event)         |
| 21 April  | Sunday             | District St George's Day Service (Elvet Methodist Church)<br>14:45 - 16:00 |
| 26 April  | Friday             | Crystal Maze   |
| 3 May     | Friday             | Ready Steady Cook  |
| 10 May    | Friday             | Camp skills  |
| 11 May    | Saturday           | District cooking competition   |
| 17 May    | Friday             | Search dogs  |
| 18 May    | Sat-Sun            | Canoe Expedition   |
| 22 May    | Wednesday          | Group AGM & Activity Night   |
| 24 May    | Friday             | Hike   |
| 24 May    | Friday -<br>Sunday | Dryburn Camping Competition  |
| 26 May    | Sunday             | Fountains Abbey and Studley Royal Water Garden Walk and Visit              |
| 31 May    | Friday             | Half term - No Scouts  |
| 1 June    | Saturday           | Group Event - Cycle Ride (Hetton Lyons C.P. to Wynard W.P.)                |
| 7 June    | Friday             | Flass Vale   |
| 8 June    | Saturday           | Group Event - Cragside Walk and Visit                                      |
| 12 June   | Wednesday          | District Scout Highland Games  |
| 14 June   | Friday             | Orienteering   |
| 15 June   | Saturday           | Survival Skills Day  |
| 21 June   | Friday             | Wide Games   |
| 25 June   | Tuesday            | Rafting Challenge  |
| 28 June   | Friday             | PL night   |
| 5 July    | Friday -<br>Sunday | Canoe camp   |
| 5 July    | Friday             | Backwoods cooking  |
| 12 July   | Friday             | Assult course  |
| 13 July   | Saturday           | Pen-y-ghent Walk (Limited Spaces - Experienced Walkers Only)               |
| 19 July   | Friday             | BBQ and Games  |
| 17 August | Sat-Saturday       | Summer Camp  |



## Leader Contact Details



Claire Little

[claire@framscouts.org.uk](mailto:claire@framscouts.org.uk)



# Explorer News



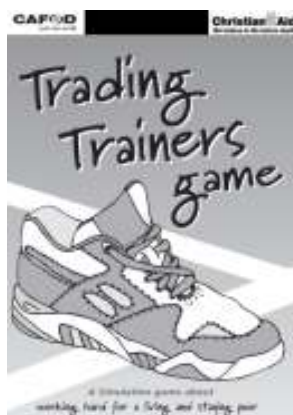
## Explorers continue to Grow

Fram Explorers has now run its second term and new Explorers are continuing to join the unit on an almost weekly basis. This term has seen a variety of activities which has pushed our Explorers to their baking maximum, the highest heights of the bouldering wall and the darkest corners of the laser quest maze. They've put themselves in the shoes of a child sweat shop worker and prepared their own for the challenge of the Bronze DofE. Their bags are ready for packing and the routes are ready to be planned.



## Getting Involved!

If you're aged 14 to 18 or know someone who is and like the look of the type of activities we do, then Explorers could be for you. Contact us and we'll arrange for you to come and visit.



## Investitures

A number of our Explorers have been invested this term. Locations have included the midst of a rather chilly snow ball fight as well as at the top of a bouldering wall where a skilled finger crimping necker exchange took place.



## Biggest Event Last Term

The biggest event this term was February's night hike. The Explorers were dropped off at a mystery location and had to make their way back to the hut where they spent the rest of the night.

## This Term

Next term our Explorers can look forward to a multitude of activities including; canoeing, cooking, biking, DofE and much much more.



## Keeping In Touch

Email: [explorers@framscouts.org.uk](mailto:explorers@framscouts.org.uk)

Website: [www.framscouts.org.uk](http://www.framscouts.org.uk)

Facebook: We're on Facebook too!!



# Explorer Programme



The Explorers meet every Monday evening, 7.30pm to 9.30pm meeting at the Scout Hut unless the programme says elsewhere. Please try to let us know if you will away so we can plan accordingly.

|          |                   |   |
|----------|-------------------|---|
| 15 April | Monday            | Games & Route Planning  |
| 19 April | Friday            | St George's Film Night (District Event)<br>19:15 - 21:00                  |
| 20 April | Saturday          | Young Leader Training - 9:00 - 17:00                                      |
| 21 April | Sunday            | District St George's Day Service (Elvet Methodist Church) - 14:45 - 16:00 |
| 22 April | Monday            | Hoodie designing  |
| 29 April | Monday            | Canoeing/kayaking - 19:00 - 21:00   |
| 6 May    | Monday            | Bank Holiday - NO EXPLORERS   |
| 13 May   | Monday            | Explorers choice  |
| 18 May   | Saturday - Sunday | Canoe Expedition<br>8:00 - 19:00  |
| 20 May   | Monday            | DofE skills - expedition preparation                                      |
| 22 May   | Wednesday         | Group AGM & Activity Night - 19:00 - 21:00                                |
| 24 May   | Friday - Sunday   | The Geoffrey Gordon Cup 2013  |
| 27 May   | Monday            | Half term - no Explorers  |
| 3 June   | Monday            | Pizza making joint with Beavers and Explorers<br>18:00 - 19:00            |
| 10 June  | Monday            | DofE skills - menu planning & nutrition                                   |
| 15 June  | Saturday - Sunday | Climbing camp   |
| 17 June  | Monday            | Outdoor pioneering  |
| 24 June  | Monday            | DofE skills – navigation - 19:00 - 21:30                                  |
| 29 June  | Saturday          | Mountain biking - 10:00 - 16:00   |
| 1 July   | Monday            | Outdoor climbing evening - 19:00 - 21:30                                  |
| 5 July   | Friday - Sunday   | Canoe camp  |
| 8 July   | Monday            | Programme planning & games night  |
| 14 July  | Sunday            | District Faith picnic - 12:00 - 17:00                                     |
| 15 July  | Monday            | Cycling & fish 'n' chips night  |



## Leader Contact Details



Will Coombs [explorers@framscouts.org.uk](mailto:explorers@framscouts.org.uk)



# Group Walks and Cycle Rides



## Previous:



9 young people, 3 leaders, 6 parents, 2 grandparents and a guest enjoyed hiking up Roseberry topping in January. Everyone enjoyed having a 'relaxing' stroll through the Yorkshire Moors.



The snow may have stopped us going cycling but it didn't dampen our spirits. We just had fun sledging close to home instead. Everyone joined in the fun – children, leaders and parents!



We also enjoyed walking in the Yorkshire Dales. None of us were committed even though we had lunch at Crackpot Hall. We also had lots of opportunities to work on our map reading skills.

## Upcoming:



We are visiting Fountain's Abbey and Studley Royal on Sun. 26<sup>th</sup> May. You will have the option to join us for a 6 mile walk or to do a shorter walk around the Abbey and water gardens. This is open to Beavers, Cubs and Scouts and their families.

There is also the opportunity for Cubs, Scouts and their families to visit Cragside on the 8<sup>th</sup> June for a walk (TBC).



On Sat. 1<sup>st</sup> June we are cycling from Hetton Lyons Country Park to Wynyard Woodland Park to celebrate the start of half term. This is an 17 mile ride which mainly takes place along disused railway lines. This is open to Cubs, Scouts and their Parents. There is a nice play area at Wynyard Woodland Park that the young people can enjoy on arrival.



There are also a limited number of places available for Cubs and Scouts to climb Pen-y-ghent on Sat. 13<sup>th</sup> July. We will allocate places to those we deem best suited to this type of walking (based on our previous experiences). Parents are also welcome to join us but will be walking as a separate group under the guidance of one of our leaders.



## Group Night and AGM

Due to popular demand we are once again offering all members of our group and their families the chance to join us for a BBQ and participate in a wide range of activities at Moor House in Durham.

This year the event is taking place on Wednesday 22<sup>th</sup> May 2013 from 6pm until 8pm.

All of your favourite activities are returning including:

- Grass Sledging
- Climbing
- Abseiling
- Crate Stacking

## GROUP NIGHT & AGM

6-8pm -22<sup>nd</sup> May

At Moor House

This is also giving us the opportunity to hold our AGM during the event. We hope this arrangement will enable more of you to attend as the group really values your support, suggestions and feedback.

It will be good to see you. Please let your leader know if you can come so we can have an estimate of numbers.

## Exec Committee

We have been very fortunate to have very a enthusiastic executive over the past 12 months. Their support has been crucial in these exciting times where we have seen so many changes. A big

Thank you! 😊

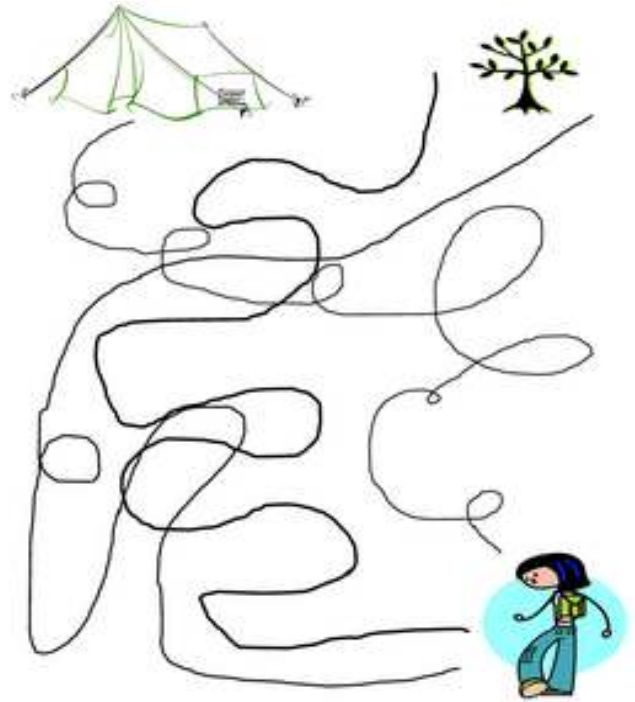
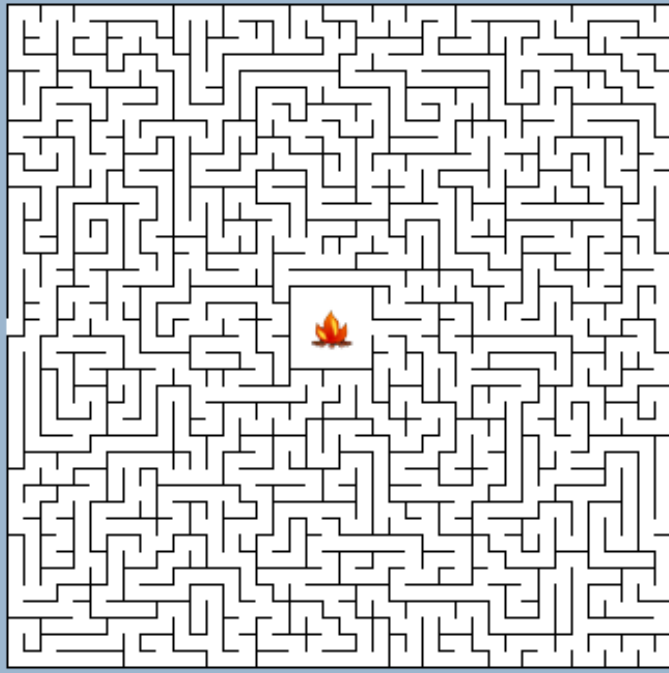
The Exec are responsible for managing the Group and ensuring the leaders have the resources they need to deliver a fantastic program. It's about deciding which direction the Group needs to be heading and how we're going to get there. There are up to 6 meetings a year each of a couple of hours, and don't worry there isn't endless hours of fundraising.

The committee consists of: Chair, Treasurer, Secretary, Quarter Master, Building manager and up to six parental reps.

If you are interested in being on the exec then please contact John and he will tell you more!



## Find your Camp



Which path will take the girl to her tent?

Have you got your swimmers badge?

### Swimmer 1 Badge

**Safety** - Know the safety rules and where it is safe to swim locally.

**Enter pool** - Without using the steps, demonstrate a controlled entry into at least 1.5 metres of water.

**Short swim** - Swim ten metres on your front.

**Tread water** - Tread water for 30 seconds in a vertical position.

**Water skills** - Using a buoyancy aid, float still in the water for 30 seconds.

Demonstrate your ability to retrieve an object from chest deep water.

Perform a push and glide on both your front and back.

**Distance swim** - Swim 25 metres without stopping.

**Swimming activity** - Take part in an organised swimming activity.



Can you find all these words?

Cubs

Fire

Six

Fun

Promise

Adventure

Challenge

Beavers

Outdoor

Pencil

Friends

Camping

Badges

Tent

Scouts