



# The Fram Post



Welcome...



**Summer 2012**



Welcome to the Summer 2012 edition of the *Fram Post*. The summer is always a busy time in the Scouts and this summer is no exception.

*Sainsbury's and Tesco's!*

Please keep the Sainsbury's and Tesco's vouchers coming in (collection box in the entrance hall) – the more vouchers we collect the more equipment we can get.

*Last term!*

This term has been very active. The Scouts have had the opportunity to attend a number of camps, including "Space Camp" at Kielder. Some of us went tree planting with the Woodland Trust and the group helped to organize a district training session for PLs and APLs. We've also re-clad the hut.

*Group Night and AGM*

The Group Night will start at 17.00 with the AGM starting an hour later at **Moor House on Sunday 28<sup>th</sup> May** with activities running until 20.00. In addition to the BBQ, there will also be Grass Sledging, Abseiling, Climbing, Crate stacking and Archery.

Please see the back page for more information.

*This term!*

A particular highlight of the upcoming term will certainly be the Group Camp at Dilston over the May Bank Holiday weekend. If you haven't signed up there may be a few spaces left – but you will have to be quick.

*Queen's Diamond Jubilee*

We are having a party on Tuesday 5<sup>th</sup> June between 17.00 and 19.00. All members and their families are welcome. All we ask is that you bring a plate of food. We will also be offering a quiz and some games.

Please contact David by Fri. 25<sup>th</sup> May if you wish to attend, or for more information:

[david@framscouts.org.uk](mailto:david@framscouts.org.uk)



*Group Scout Leader Contact Details*

John Little

[john@framscouts.org.uk](mailto:john@framscouts.org.uk)



# Monday Beaver News



## Last term

Last term Beavers earned their Promise and Global Challenge badges, and their Creative and Imagination activity badges. We also painted eggs for Easter, cooked pancakes on old tin cans (badly!) and did lots of acting to learn about fair trade, storytelling and being kind to others. We joined up with other beaver colonies in the district to learn some circus skills and had an excellent turnout at the Founder's Day Service.

## This term:

This summer we will optimistically be taking advantage of the good weather to complete our Outdoor and Health & Fitness Challenges and our Explore and Air Activity badges. We have a joint hike planned with Thursday Beavers, a District wide sports day and a county wide Beaver 'Fun day' to look forward to as well. In early May we will be holding our first Group camp, with Beavers attending for free during the Sunday daytime.



## Beaver Sleepover

Following the success of last year we're organising another sleepover at the hut. For those who haven't been before this will involve Beavers arriving from 4 on the Saturday for an afternoon of activities (last year we cooked our own pizzas, played games, made crafts and had a film night) before story time (...with voices...) and camping out in sleeping bags on the hut floor. As actual sleep is somewhat limited, we'll hand them back to you as soon as we can on the Sunday!



## Beaver Camp

Beavers are now allowed to go camping, and we're hoping to organise the first Fram Beaver camp in conjunction with Elvet Beavers. If this goes ahead it will involve a one night camp in tents at a nearby campsite (with back up indoor accommodation). This will be restricted to Beavers who have already had an indoor night away with us, so will take place after the sleepover to give all a fair chance of attending. Look out for further details nearer the time.

Happy Summer everyone!



# Monday Beaver's Programme



The Beaver Section runs from 6 until 7pm unless Beavers/parents are informed otherwise.



16 April	Monday	St George
22 April	Sunday	St George's Day Parade (meet Market Place) 14:30 - 16:00
23 April	Monday	Health and Fitness Challenge Badge part 1
30 April	Monday	Spy Night
6 May	Sunday	Group Camp (Dilston Scout Campsite)
7 May	Monday	No Beavers - Group Camp
14 May	Monday	Banner Making
21 May	Monday	Health and Fitness Challenge part 2
26 May	Saturday	Monday Beaver Hut Sleepover 16:00 - 10:00
27 May	Sunday	Group BBQ +AGM 17:00 - 20:00
28 May	Monday	Air Activities Badge
4 June	Monday	Half term - no Beavers
5 June	Tuesday	Diamond Jubilee Celebration (Hut)
11 June	Monday	Animal activity badge
13 June	Wednesday	District Sports 17:30 - 18:30
18 June	Monday	First Aid Night
23 June	Saturday	County Beaver Fun Day
25 June	Monday	No Beavers - Thursday instead
28 June	Thursday	Joint Beaver Hike - Honest Lawer
2 July	Monday	Outdoor Challenge part 1
9 July	Monday	Explore Activity Badge
16 July	Monday	Outdoor Challenge part 2



## Leader Contact Details

Andy Hopkins  
Alistar Basden

[andy.hopkins@framscouts.org.uk](mailto:andy.hopkins@framscouts.org.uk)  
[ali@framscouts.org.uk](mailto:ali@framscouts.org.uk)





# Thursday Beaver News



## *This Term*

The New Year has seen a busy term, as part of our lead-up to the Olympics we achieved a number of bronze and silver activities as part of the national Scout program which included making a Friend's ship. We used our imagination to enjoy an indoor camp, where we melted marshmallows on candles and sang camp fire songs. For Shrove Tuesday we made belated tin can pancakes, cooked using candles positioned in the tins. An evening dedicated to Fairtrade food, explored the theme and its significance through the story of Fabulously Fantastic Fairtrade Fred!

As part of the Global Challenge badge we were very lucky to be joined by Fanuel who came to teach us about African instruments and we learnt many different rhythms and sounds on the African drums. We made a lot of noise and many of us had very sore hands by the end of the night! Fanuel returned a few weeks later to have a great time 'Wellie boot' dancing with us which was a lot of fun!

We joined other Beavers in the district for an evening of magic and circus skills night in which we saw fire juggling and enjoyed making crafts such as masks and circus big tops.

To finish the term, we visited the local church as part of working towards the Faith badge.



## *Thanks*

A special thank you Fanuel for the fun evenings of African drumming and Wellie boot dancing. Also thank you to leaders Dianne, Tom, Emma and Katherine for their hard work, inspiration and continued support; it is very much appreciated.



## *Activities*

The badges that we will work towards this term are the Health and Fitness, Outdoor Challenge, Explorer and Air Activity badges. We will attend the St Georges day parade, as a group, on the 22<sup>nd</sup> of April at Elvet Methodist Church. Many of the beavers, along with accompanying parents will attend a fun packed group camp in May!



# Thursday Beaver's Programme



The Beaver Section runs from 6 until 7pm unless Beavers/parents are informed otherwise.

29 March	Thursday	Faith Badge
19 April	Thursday	Welcome Back!
22 April	Sunday	St George's Day Parade (meet Market Place) 14:30 - 16:00
26 April	Thursday	Health and Fitness 1
3 May	Thursday	Spy Night
6 May	Sunday	Group Camp (Dilston Scout Campsite)
10 May	Thursday	NO BEAVERS
17 May	Thursday	Banner Making
24 May	Thursday	Health and Fitness 2
27 May	Sunday	Group BBQ +AGM 17:00 - 20:00
31 May	Thursday	Air Activities
5 June	Tuesday	Diamond Jubilee Celebration (Hut)
7 June	Thursday	No Beavers HALF TERM
13 June	Wednesday	District Sports 17:30 - 18:30
14 June	Thursday	NO BEAVERS
21 June	Thursday	First Aid
23 June	Saturday	County Beaver Fun Day
28 June	Thursday	Joint Beaver Hike - Honest Lower
5 July	Thursday	Outdoor Challenge 1
12 July	Thursday	Explore Activity Badge
19 July	Thursday	Outdoor Challenge 2



## Leader Contact Details

Sarah Williams

[sarah@framscouts.org.uk](mailto:sarah@framscouts.org.uk)



### As Busy Term Past!

Over the last term we have continued to have a busy programme.

At the beginning of term we all completed our communicator badge. We have also had a few weeks at Moor house where we played wide games and did some crate stacking.

We have also been completing challenges from the Cubs 'Faster... Stronger... Bigger... Better!' resource in preparation for the Olympics. It helps us look at the Olympic and Paralympics Values. We will be continuing these as the Olympics fast approach.

This term we also have a programme to look forward to with summer activities as well a chance to gain a few badges.

### Indoor Camp - West Hall

Back in March we took 20 Cubs out of our 24 to West Hall Scout Campsite near Whitburn.

We had a busy programme lined up. We walked to the beach, built sandcastles, paddled in the sea, and then went to a play park. We then headed back to the campsite and built fires and cooked marshmallows. In the evening we had a campfire and sang some of our favourite songs. On Sunday morning we baked cookies for Mother's Day and played wide games.

*'I built the biggest sand castle!'*

*'My best thing was playing football on the beach and seeing my best friends'*

*'I got 4 marshmallows and we sang some funny songs!'*

*'I liked the last day as we made cakes and biscuits and I got chocolate everywhere!'*



# Cub Tuesday Programme



This runs from 6.45 until 8pm unless Cubs/parents are informed otherwise.

22 April	Sunday	St George's Day Parade (meet Market Place) 14:30 - 16:00
24 April	Tuesday	Welcome Back Games Night
29 April	Sunday	Cub District Day Hike (meet Causey Arch)
1 May	Tuesday	Olympics Challenge Night
5 May	Saturday	Group Camp (Dilston Scout Campsite)
8 May	Tuesday	Wide Games at Moor House
15 May	Tuesday	TBC
22 May	Tuesday	Naturalist Badge
27 May	Sunday	Group BBQ +AGM 17:00 - 20:00
29 May	Tuesday	Battle of the Bands
5 June	Tuesday	Diamond Jubilee Celebration (Hut) 17.00 – 19.00
12 June	Tuesday	Father's Day
13 June	Wednesday	District Sports (Moor House)
19 June	Tuesday	Moor House Cooking Night
23 June	Saturday	County Cub Fun Day
26 June	Tuesday	Olympics Challenge Night
30 June	Saturday	Cub Water Activity day 10:00 - 15:00
3 July	Tuesday	Fitness Night
10 July	Tuesday	Archery Night
17 July	Tuesday	Outdoor Games



## Leader Contact Details

George [george@framscouts.org.uk](mailto:george@framscouts.org.uk)  
Andy [andy@framscouts.org.uk](mailto:andy@framscouts.org.uk)  
Vicky [vicky.jones@framscouts.org.uk](mailto:vicky.jones@framscouts.org.uk)







# wednesday cub News



## Last Term...

We have had a fun and busy term as we completed our first year as a Cub Pack. We have gained a new leader this term, as Shirley has moved from sectional assistant to assistant leader.

The highlight of the term has been our swimming trip . The Cubs really enjoyed it and were praised for their behaviour by the staff at Washington. We would also like to thank the Police for hosting us on our superb trip to Chester-Le-Street's Police station.

It was great to have some parents join us when we went walking at Westgate. It was also nice to link up with a number of our other sections at various points throughout the term.

## This Term...

We are focusing on outdoor activities as much as possible this term. On the normal pack nights we will be going cycling, walking and orienteering. We are also going to be attending the first Fram Group Camp, the Cub District Day Hike and a number of pack day hikes. Parents are more than welcome to join us on our trips to High Force, Moors and Simonside.

## Thanks

We would like to thank George, Tom, Dianne, Lewis and Shirley for their continuing assistance this term. I would also like to thank Iain and the rest of the Wednesday Scout team for hosting our Pack on a couple of nights. **Akela**







# wednesday Cub Programme



Evenings run from 5:30pm Until 6:45pm unless Cubs and parents are informed otherwise.  
Up to date times will be emailed out and available on the Fram website's members area.

18 April Wednesday St George's Night

22 April Sunday St George's Day Parade (meet: Market Place)  
14:30 - 16:00

25 April Wednesday Geocaching (meet: Moor House)  
18:00 - 20:00

29 April Sunday Cub District Day Hike (meet at Causey Arch)

2 May Wednesday Communication Night (meet: Moor House)

5 May Saturday Group Camp (meet: Dilston Scout Campsite)

9 May Wednesday Church Visit

16 May Wednesday Road Safety and Bike Maintenance (Hut)

19 May Saturday High Force Circular Hike (meet: Bowlees Picnic Area)

23 May Wednesday Cycling (Malton Picnic Area to  
Broom Park Picnic Area)

27 May Sunday Group BBQ +AGM  
17:00 - 20:00

30 May Wednesday Nature Trail (Old Entrance to the Botanic Gardens to  
The Honest Lawyer)

5 June Tuesday Diamond Jubilee Celebration (Hut)

6 June Wednesday Half Term – No meeting

13 June Wednesday District Sports (Moor House)  
18:45 - 20:00

16 June Saturday Simonside Circular Hike

20 June Wednesday Orienteering (High Wood)

23 June Saturday County Cub Fun Day

27 June Wednesday Incident Hike and First Aid (Brasside to Canterbury  
Field)

30 June Saturday Cub Water Activity day  
10:00 - 15:00

4 July Wednesday Sixer Pack Night (Hut)

11 July Wednesday Photo Treasure Hunt (Meet Penny Ferry Bridge)

14 July Saturday Newtondale to Goathland & NYMR Hike

18 July Wednesday Quiz Night (Hut)



## Leader Contact Details

David Baker

[david.baker@framscouts.org.uk](mailto:david.baker@framscouts.org.uk)



# Wednesday Scout News



Wednesday Scouts 1<sup>st</sup> Birthday!

Happy 1<sup>st</sup> Birthday Wednesday Scouts! How far we have come in our first year. We started a year ago with 11 Scouts. Now we are quickly approaching 30!

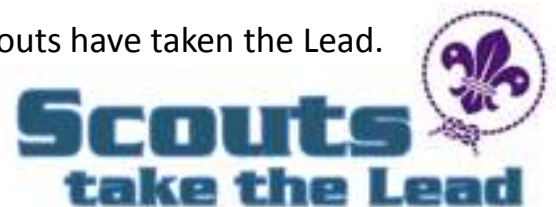
A huge thank you to everyone, from Fram and the wider Scouting community who have helped make Wednesday Scouts a success. We have done so many things. Archery, Camping, Canoeing, Climbing, Falconry, First Aid, Games, Kayaking, Map Reading, Orienteering, Pioneering, Wide Games and Much More... and all the excitement will continue this coming term.

We want you to take the lead!

At Fram Scouts we believe young people should drive Scouting. We want to hear your ideas about what you want from Scouts and your opinions on what you do. See the Group News page for more details.

From now on this space will be yours. Fill it wisely!

Look out for the following logo to identify where Scouts have taken the Lead.





# wednesday Scout Programme



Wednesday Scouts runs from 1900 to 2100 at the Scout Hut unless stated otherwise.  
Hut open at 1850 to allow a prompt 1900 start. Duty Patrols are shown in Square Brackets below.

18 April	Wednesday	St George's Night [Badgers]
22 April	Sunday	St George's Day Parade (meet Market Place) 14:30 - 16:00
25 April	Wednesday	Geocaching [Cobras] (Meet at Moor House)
2 May	Wednesday	Cycling Proficiency [Foxes]
4 May	Friday	Group Camp (Dilston Scout Campsite)
9 May	Wednesday	PR Night [Stags]
11 May	Friday	Advanced Canoe Camp
12 May	Saturday	District Cooking Competition 9:00 - 13:00
16 May	Wednesday	Photo Treasure Hunt [Wolves]
19 May	Saturday	High Force Circular Hike (meet Bowlees Picnic Area)
23 May	Wednesday	Entrepreneur Badge [Badgers]
25 May	Friday	Canoe Camp
27 May	Sunday	Group BBQ +AGM 17:00 - 20:00
30 May	Wednesday	Animal Night [Cobras]
5 June	Tuesday	Diamond Jubilee Celebration (Hut)
6 June	Wednesday	Mini Sanctuary
8 – 10th June	Friday	Climbing Camp
13 June	Wednesday	District Sports
16 June	Saturday	Simonside Circular Hike
19 June	Tuesday	Scout Raft Race 18:00 - 21:00
20 June	Wednesday	Snowsports Night [Foxes]
27 June	Wednesday	Navigation Skills [Stags]
4 July	Wednesday	Expedition Planning [Wolves]
7 July	Saturday	Canoe Expedition 9:00 - 17:00
11 July	Wednesday	Physics Night [Badgers]
14 July	Saturday	Newtondale to Goathland & NYMR Hike
18 July	Wednesday	Olympic Sports Night [Cobras]
21 July – 28 <sup>th</sup> July	Saturday	Summer Camp 2012 (Thornthwaite, Yorkshire Dales)



## Leader Contact Details

Iain Wood [iain@framscouts.org.uk](mailto:iain@framscouts.org.uk)





# Friday Scout News



## *Last Term*

The Scouts have had an action packed program since Christmas with highlights including the Frostie:24 camp, Space Camp and the District Youth Hostel weekend.

We have included many activities from the Olympics Challenges program, ranging from making sandwiches blindfolded to choreographing their own synchronised swimming routines!

## *Congratulations*

Congratulations to Lewis Dawe who has successfully completed his Chief Scout Gold Award, the highest award in Scouting that a Scout can get. To complete the requirements Lewis ran a Global themed evening for the other Scouts where they all made masks inspired by African masks from Kenya.

## *Looking Ahead*

We are looking forward to the Summer term with lots of outdoor adventure and camps included in the program - see the calendar for dates and more details.

## *Feedback*

Hopefully all of our Scouts enjoy our programme of activities and camps. However, we are always looking for ways to improve, and to do that we need your feedback!

Please do let us know if you have any comments or suggestions for improvements either by email or in person at the end of a meeting.

Many thanks for all your support over the past term and we look forward to seeing you throughout the Summer!





# Friday Scout Programme



The Scout section runs every Friday evening, 7pm to 9pm meeting at the Scout Hut unless the programme says elsewhere. Please try to let us know if you will away so we can plan accordingly.

20 April	Friday	St George's Theme Night
22 April	Sunday	St George's Day Parade (meet Market Place) 14:30 - 16:00
27 April	Friday	Camping Skills
4 May	Friday	No Meeting (Due to Group Camp)
4 May	Friday	Group Camp (Dilston Scout Campsite)
11 May	Friday	Fish Night @ Moor House
11 May	Friday	Advanced Canoe Camp
12 May	Saturday	District Cooking Competition 9:00 - 13:00
18 May	Friday	Community Week Activity
25 May	Friday	Entrepreneur Night
25 May	Friday	Canoe Camp
27 May	Sunday	Group BBQ +AGM @ Moor House 17:00 - 20:00
1 June	Friday	Jubilee Night
5 June	Tuesday	Diamond Jubilee Celebration (Hut)
6 June	Wednesday	Mini Sanctuary
8 June	Friday	Half Term - No meeting
8 – 10 <sup>th</sup> June	Friday	Climbing Camp
13 June	Wednesday	District Sports
15 June	Friday	Pioneering Skills
19 June	Tuesday	Scout Raft Race 18:00 - 21:00
22 June	Friday	Archery / Canoeing
29 June	Friday	Big Pioneering
6 July	Friday	Canoeing / Archery
7-8 <sup>th</sup> July	Saturday	Canoe Expedition
13 July	Friday	Camp Prep / End of term party
20 July	Friday	No Scouts - Packing for Camp
21 -28 <sup>th</sup> July	Saturday	Summer Camp 2012 (Thorntwaite, Yorkshire Dales)



## Leader Contact Details



Claire Little

[claire@framscouts.org.uk](mailto:claire@framscouts.org.uk)



## GROUP NEWS



### Hut Work update

We've had a busy term working on the hut – the plastering in the entrance hall is complete (thanks Graham) and thanks to a couple of University Volunteer groups the painting is also very close to completion (thanks to HR and CEM).

Much of the building was re-clad over the Easter break – thank you to everyone who gave up their time to help the work along. I'm very proud to think we must now have one of the smartest and energy efficient Scout Huts in the country. There are still other jobs to do so please let a leader know if you are willing to help with future work.

### Hardship Fund

We believe Scouting offers exceptional value for money – however, Fram operates a hardship fund to ensure cost is never a barrier to Scouting – its criteria are very flexible so if you are struggling to meet the cost of Scouting please have a word with your Section Leader.



Beavers, Cubs and

Scouts: We want you to take the lead;

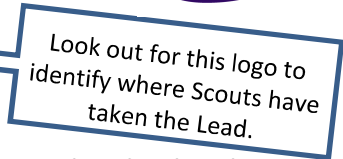
- In meetings - In your community
- In Scouting - and in the Fram Post!

Do you enjoy Scouting? Do you have a story to tell? Do you want to tell the 'World' how you've done your best? Share a special thought or prayer with the group? Share your ideas? Write a report? Send us evidence for a badge? Or give us feedback!

Email [takethelead@framscouts.org.uk](mailto:takethelead@framscouts.org.uk) with:

- Articles for the Fram Post - Posts for the Fram website - Info. for the District Website
- Points to raise at meetings.

It might even help you to earn more badges.



### Archery

The group has been extremely fortunate to receive a donation of £3000 to pay for a full set of Archery equipment. This has now been purchased and there will be plenty of opportunities to try it out over the coming months.







# Fram Group Camp



This Camp is for anyone who is part of Fram Scout Group whether you're a Beaver, Cub or Scout, or even a leader or parent! The camp is based at Dilston Scout Campsite near Hexham - a beautiful campsite set on the banks of the river.

*When?*

## Scouts

- Friday 4<sup>th</sup> May – Monday 7<sup>th</sup> May

## Cubs

- Saturday 5<sup>th</sup> May – Monday 7<sup>th</sup> May

## Beavers

- Attending on Sunday 6<sup>th</sup> May during the day with an option to camp over with their parents on the Sunday Night!

We're still in the final planning stages for this but we have already confirmed: archery, campfire cooking, hikes, wide games, rafting, shelter building, gorge walking and much more. More information will follow shortly so keep your eyes peeled!

## *Do your part*

As an adult there are a number of ways you can help Fram Scouts.

You might:

- Assist with transport.
- Help with hut improvements.
- Run a particular activity based on your hobby.
- Provide occasional support to a section.
- Take a role in the executive and help to direct the group.
- Help with Fundraising.

Doing any of these things really helps us in our goal of offering more exciting activities for our members. They also offer you the opportunity to develop new skills.

However much time you can give, an hour a year or an hour a week, please speak to our current leadership team. 'A few hours of your time can make years of difference.'

**Join the adventure!**

## Group Night and AGM

Due to popular demand we are once again offering all members of our group and their families the chance to join us for a BBQ and participate in a wide range of activities at Moor House in Durham.

This year the event is taking place on Sunday 28<sup>th</sup> May 2012 from 5pm until 8pm.

All of your favourite activities are returning including:

- Grass Sledging
- Climbing
- Abseiling
- Crate Stacking
- Archery (New addition this year!)

## GROUP AGM

**6pm Sunday 28<sup>th</sup> May  
At Moor House**

This is also giving us the opportunity to hold our AGM during the event. We hope this arrangement will enable more of you to attend as the group really values your support, suggestions and feedback.

## The Executive

We have been very fortunate to have very a enthusiastic executive over the past 12 months. Their support has been crucial in these exciting times where we have seen so many changes.

The Exec are responsible for managing the Group and ensuring the leaders have the resources they need to deliver a fantastic program. It's about deciding which direction the Group needs to be heading and how we're going to get there. There are 6 meetings a year each of a couple of hours, and don't worry there isn't endless hours of fundraising.

The committee consists of: Chair, Treasurer, Secretary, Quarter Master, Building manager and up to six parental reps. We are particularly looking for a new **building manager** – who has particular responsibility for managing the 'building repair team' and some more **Parental Reps** – who talk to the other parents in their section and then feedback their findings to the group and assist other committee members.

