



# The Fram Post



Spring 2012

*Welcome...*

Welcome to the Spring 2012 edition of the Fram Post. We hope you have all had an enjoyable Christmas and New Year break.

*Another Term!*

Another exciting term of activities at Fram Scouts starts as we celebrate the 1<sup>st</sup> Birthday of our Monday Beavers and prepare for the 1<sup>st</sup> Birthday of our Wednesday Cubs. All three new sections are now all well established and heading towards full capacity and all the new Leaders are working their way through their training.

Particular highlights of the Christmas term were the SANCTUARY wide game – this year with over 200 participants and the Group Show held at Trevelyan College. We look forward this term to an increasingly wide range of activities including a Scout Astronomy Camp at Kielder and loads of Olympic themed activities from Beavers to Scouts.



*Well Done !*

Congratulations to Iain from Wednesday Night Scouts on completing his GNAS archery course to enable him to run sessions of archery for the young people. The committee are now looking at securing some funding to purchase some equipment for us all to use.



*First Aid*

Having been successful at receiving a grant from the County Durham Foundation, for leader training, some leaders competed an outdoor first aid course in December.

It was a long enjoyable weekend, where we learnt a lot of important information to use in an emergency. The first aid course was particularly useful as it was aimed to help us use practical ideas in the outdoor environment.



# Monday Beaver News



## Happy New Year!

2012 promises to be as full of fun and activities as ever. Last term we continued to see fantastic support from our Beavers and parents with all of the extra activities put on in the run up to Christmas. Everyone had a great time and now we've caught our breath the leaders are looking forward to welcoming you back for another fun filled year!

## Badges Gained

Last term the Beavers had the chance to gain badges in Experiments, Health and Fitness, Friendship Challenge and Creative Challenge. Don't forget that all six Challenge Badges results in the Bronze Scout Award!

## District Events

Turnout for District Events has been excellent over the last term, with events ranging from the Picnic, the Theme Night, and the Sleepover at Moor House. (Though I am very proud to say we've had comments from the Beavers that our hut sleepover was better!).

## Christmas at Fram

The end of term saw a Fram Christmas Party Joint with the Thursday Beavers. We watched the Pantomime 'Jack and the Beanstalk' at the Gala, and took a steam train to the North Pole to visit Santa Claus!

At the end of term, a number of Beavers performed a 5 Minute Nativity from the Innkeeper's perspective at the Fram Group Gang Show.



## This Term

Look out for Promise Challenge, Global Challenge and Imagination Badges. As well as District Events including an Entertainers (Magician!) and circus kills night and our Pancake Day, Easter Crafts, and much more!



# Monday Beaver's Programme



The Beaver Section runs from 6 until 7pm unless Beavers/parents are informed otherwise.

Date	Day	Event
16 January	Monday	Promise Challenge Badge Part 1
23 January	Monday	Promise Challenge Badge Part 2
24 January	Tuesday	District Beaver Entertainment Night
30 January	Monday	Silver Olympics Activity
6 February	Monday	Imagination Badge
13 February	Monday	No Beavers - Half Term
20 February	Monday	Pancakes Night
27 February	Monday	Founders Day Service
5 March	Monday	Global Challenge Badge Part 1
12 March	Monday	Global Challenge Badge Part 2
19 March	Monday	Silver Olympics Activity
22 March	Thursday	District Beaver Circus Skills
26 March	Monday	Easter Craft Activities

## Leader Contact Details

Andy Hopkins

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# Thursday Beaver News



## This Term

This term was full of fun activities such as cake decorating, singing new songs, learning about and collecting gifts for the Christmas shoe box appeal and an exciting evening of scientific experiments. The Beavers learnt how to sign their names using the finger spelling alphabet and had fun flick painting to create a large firework display. We also went on a short hike through Low Newton Junction Nature Reserve.

We were very lucky to have help from a number of parents - Claire came to teach us what to do in a medical emergency - and we enjoyed a creative evening of story telling with Adam, who encouraged the beavers to generate exciting stories of their own.



We joined the district with a sleepover, at Moor House and went to see Santa on the North Pole Express from Tanfield. The Christmas party, together with the Monday Beaver Group, was great fun with lots of festive activities and games. A rendition of 'Must be Santa' was our contribution at the Fram group Christmas gang show.

## Badges This Term

Congratulations to those who completed the Creative and Friendship challenge badges and the Experimental and Health and Fitness activity badges.



## Thanks

We would like to especially thank Adam Bushnell and Claire McGregor for coming in to help us this term. Also thank you to leaders Dianne, Tom, Emma and Katherine.



## Next Term

This term we will be working towards the Promise and Global challenge badges, and Imagination and Faith Activity Badges. We are also going to compete for medals in many Olympic themed activities to earn points in the UK-wide Scout Competition!



# Thursday Beaver's Programme



The Beaver Section runs from 6 until 7pm unless Beavers/parents are informed otherwise.

Date	Day	Event
12 <sup>th</sup> January	Thursday	Welcome Back!
19 <sup>th</sup> January	Thursday	Promise Part 1
24 <sup>th</sup> January	Tuesday	District Beaver Entertainment Night
26 <sup>th</sup> January	Thursday	Promise Part 2
2 <sup>nd</sup> February	Thursday	Silver Olympic Activity
9 <sup>th</sup> February	Thursday	Imagination Activity
16 <sup>th</sup> February	Thursday	No Beavers HALF TERM
23 <sup>rd</sup> February	Thursday	Pancakes!
27 <sup>th</sup> February	Monday	Founders Day Service
1 <sup>st</sup> March	Thursday	Global Part 1
8 <sup>th</sup> March	Thursday	Global Part 2
15 <sup>th</sup> March	Thursday	Silver Olympic Activity
22 <sup>nd</sup> March	Thursday	District Beaver Circus Skills
29 <sup>th</sup> March	Thursday	Easter Crafts

## Leader Contact Details

Sarah Williams

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### *As Busy Term Past!*

Over the last term we have had a busy programme. We started off the term attending the Cub's Water Sports Day where despite the rain we had great fun!

We also found out about George's adventure to the World Scout Jamboree and the Cubs are now all looking forward to when they have the chance to attend a World Jamboree themselves! Sally also told us all about her trip to Tanzania and her trek up Mount Kilimanjaro which sounded exhausting!

As well as all this we completed our Global Challenge, Personal Safety and Astronomer Badges and enjoyed wide games at Moor House. At the end of term we made Reindeer Magnets and Christmas trees and had a Christmas Party with lots of food!

Luke Allen won the Cub Award for the term and Yellow Six won the six prize. Well done.

### *Indoor Camp - West Hall*

We are planning to hold a cub camp at West Hall Campsite near the coast at Whitburn near Sunderland from Friday 16<sup>th</sup> to Sunday 18<sup>th</sup> March 2012.

Last year's camp at Powburn was a great success so we hope to have a good time again. During the weekend we'll have a fun packed programme of activities ranging from walking to the beach, camp craft to games and maybe even a bit of baking!

The accommodation is indoors with bunk beds. The weekend will cost £35. This is a non refundable deposit. Please return the form that was emailed to Cubs by Tuesday 31<sup>st</sup> January.





# Cub Tuesday Programme



This runs from 6.45 until 8pm unless Cubs/parents are informed otherwise.

Date	Day	Event
10 <sup>th</sup> January	Tuesday	Welcome Back Games Night
17 <sup>th</sup> January	Tuesday	Communicator Badge
24 <sup>th</sup> January	Tuesday	Kite Making (Creative Challenge)
31 <sup>st</sup> January	Tuesday	Moor House – Wide Games (Creative Challenge)
7 <sup>th</sup> February	Tuesday	Olympic Challenge Night
14 <sup>th</sup> February	Tuesday	<b>Half Term – No Meeting</b>
21 <sup>st</sup> February	Tuesday	Pancake Night
28 <sup>th</sup> February	Tuesday	Olympic Challenge Night
6 <sup>th</sup> March	Tuesday	Indoor Pioneering Night
13 <sup>th</sup> March	Tuesday	Mother’s Day (Creative Challenge)
16 <sup>th</sup> – 18 <sup>th</sup> March	Friday – Sunday	Indoor Camp – West Hall
20 <sup>th</sup> March	Tuesday	Moor House – Crate Staking
27 <sup>th</sup> March	Tuesday	Easter Fun!

## Leader Contact Details



George  
Andy

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[andy@framscouts.org.uk](mailto:andy@framscouts.org.uk)





## Wednesday Cub News



### Last Term...

First of all I'd like to thank you all for your help and company over the last term. I'd especially like to thank: George, for his continuing support; Dianne, for helping me most weeks and Shirley, for staying to help whenever I've been short of leaders this term.

We have had a varied term. Highlights for me have included the Cub Water Activity Day, thank you John for organising it, and our climbing session at Newton Aycliffe, thanks to Luke, John and Adam for coming to help with the belaying.

The 1<sup>st</sup> Fram Gang Show also got off to a bang, I would also thank the Scouts I drafted in to help me at the last minute, Helen for organising the event, and a little bit of luck, for helping put things together.

So thanks again everyone for your help and support over the past term at Cubs.

### This Term...

We have some new activities lined up for this coming term. First off George has managed to organise for us to visit Chester-le-Street Police Station. The Cubs will need to be on their best behaviour as we've been told the cells will be available for any trouble makers!

We also have some Olympics themed games and activities coming up this term to celebrate the London 2012 Games. Also early in the term we'll find out which of our Cubs have green fingers.

There are also a number of District Events coming up and it would be nice for the Wednesday Pack to have a strong showing at these events.

Also after half term we are extending our meeting time to last to 6:45 on our standard pack nights to allow us extra time for more fun games and activities. I look forward to all your company again this term.







# Wednesday Cub Programme



Session times are shown below. Please note the longer meeting times from at half term.

4 January	Wednesday	Games night - 17:30 - 18:30
11 January	Wednesday	Gardening Night - 17:30 - 18:30
18 January	Wednesday	Visit to Chester-le-Street Police Station - 17:30 - 18:30
25 January	Wednesday	Pioneering Week 1 (with Scouts) - 19:00 - 21:00
1 February	Wednesday	Pioneering Week 2 (with Scouts) - 19:00 - 21:00
8 February	Wednesday	Moor House - Wide Games and Backwoods Cooking (EXT) 17:30 - 19:00
15 February	Wednesday	Half Term - No Meeting
17 February	Friday	Day Hike (Venue and Time TBC)
22 February	Wednesday	Trading Post Theme - 17:30 - 18:45
25 February	Saturday	District Cub Night Hike (Venue TBC) - 18:00 - 20:00
27 February	Monday	Founders Day Service - 18:00 - 19:00
29 February	Wednesday	Global Food Night - 17:30 - 18:45
7 March	Wednesday	Swimming (Venue and Times TBC)
10 March	Saturday	District Cub 6 a side - 9:00 - 17:00
14 March	Wednesday	Olympics - Beliefs and Attitudes Night - 17:30 - 18:45
21 March	Wednesday	Egg-tacular Night - 17:30 - 18:45
28 March	Wednesday	Easter Fun - 17:30 - 18:45
22 April	Sunday	St Georges Day - 9:00 - 17:00
28 April	Saturday	District Cub Day Hike - 9:00 - 17:00 (Date maybe subject to change (Sunday 29 <sup>th</sup> April?) due to proposed venue)
5 May - 7 May	Saturday - Monday	Group Camp (Dilston Scout Campsite)



## Leader Contact Details



David Baker

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# wednesday Scout News



## Last Term

We've had another action packed term at Wednesday Scouts. Activities included Survival Skills, Scouting Skills, Falconry, Beginner's Photography, Science Night, Wide Games, 3 camps and the Gang Show.



## Taking The Lead

As we approach the first anniversary of the opening of the Wednesday Scout Troop, we are introducing the idea of Scouts Taking the Lead.

This terms troop activities have all been chosen by the Scouts, under the guidance of the leaders and we're planning on giving Scouts the opportunity to run games and activities themselves - building their leadership skills.



## Wed Troop Continues to Grow!

A huge hello and welcome goes to all our new Scouts – Both those who are new to the movement and those moving up to Scouts from Cubs. We all hope you enjoy your time with us at Scouts.

We'd like to say a Big Thank you to everyone who has made Wednesday Scouts possible – it couldn't be done without you.



This terms activities include Climbing, Snowsports, Archery, First Aid, Pioneering, A Night Hike, Olympic themed challenges and lots more...



# Wednesday Scout Programme



Wednesday Scouts runs from 7pm to 9pm at the Scout Hut unless stated otherwise.

4 <sup>th</sup> January	Wednesday	Games Night
11 <sup>th</sup> January	Wednesday	Olympics
18 <sup>th</sup> January	Wednesday	Creative Challenge
21 <sup>st</sup> January	Saturday	Moonlight 9:00 - 21:00
25 <sup>th</sup> January	Wednesday	Climbing [Group 1] (TBC) 18:30 - 21:30
		Pioneering [Group 2]
29 <sup>th</sup> January	Sunday	PL training 13:00 - 17:00
1 <sup>st</sup> February	Wednesday	Pioneering [Group 1]
		Climbing [Group 2] (TBC) 23:00 - 21:30
8 <sup>th</sup> February	Wednesday	District Indoor Scouting Comp
19 <sup>th</sup> February	Friday	Wednesday and Friday Joint Scout Night
11 <sup>th</sup> February	Saturday - Sunday	Frostie 24 9:00am Saturday - 11:00am Sunday
15 <sup>th</sup> February (Half Term)	Wednesday	Archery / Backwoods / Firelighting (TBC) 13:00 - 17:00
		Programme Planning Meeting (SPLs/PLs/APLs)
22 <sup>nd</sup> February	Wednesday	Night Hike
27 <sup>th</sup> February	Monday	Founders Day Service 18:00 - 19:00
29 <sup>th</sup> February	Wednesday	Fire Station Visit (TBC)
3 <sup>rd</sup> March	Saturday	Outdoor Scout Competition 9:00 - 17:00
7 <sup>th</sup> March	Wednesday	First Aid Night (TBC)
9 <sup>th</sup> March	Friday	Space Camp
14 <sup>th</sup> March	Wednesday	Angler Badge
21 <sup>st</sup> March	Wednesday	Snowsports Night (TBC) 18:30 - 21:30
23 <sup>rd</sup> March	Friday	Scout Walking Weekend 18:00 - 15:00
28 <sup>th</sup> March	Wednesday	Easter Night 9:00 - 17:00

## Leader Contact Details

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# Friday Scout News



## Last Term

Scouts had a fantastic winter term with loads of fun activities. Highlights included the canoe and cycle expedition camps as well as indoor climbing and Sanctuary. The Scouts took part in Confido in October, a large County camp with loads of different activities. Everyone had a great time and many are looking forward to the first County camp of the new year, a 24 hour extravaganza of activities Frostie 24:



Scouts completed many challenges this term, improving their teamwork and various other skills. Many of these count towards the challenge or activity badges. Scouts can check the badge requirements on the website: [www.framscouts.org.uk/scouts/badges.php](http://www.framscouts.org.uk/scouts/badges.php) and let the leaders know if they have completed a badge, or part of a badge.

## Looking ahead

### OUR SPORTING ADVENTURE.



This term the Scouts will be taking part in a nationwide sporting adventure, clocking up points by completing activities, challenges and games while competing against other Troops. The challenges are all based on the Olympic and Paralympic values which are: Respect • Excellence • Friendship • Courage • Determination • Inspiration • Equality.

## Frostie:24

Can you handle 24 hours of Non-Stop Activities?? If you think you can then this is the camp for you! It will have over 30 non-stop activities such as ice skating, abseiling, tomahawks, dinokarts, catapults, mountain boards! If this is for you then put 11<sup>th</sup> – 12<sup>th</sup> February in your diaries!

### Space Camp: 9<sup>th</sup>-11<sup>th</sup> March

Both Wednesday and Friday Scouts have the opportunity to take part in an exciting programme of activities working towards their astronomy and astronautics badge including a lecture at the Kielder observatory and a tour of the telescopes. Look out for full details coming soon...



# Friday Scout Programme



The Scout section runs every Friday evening, 7pm to 9pm meeting at the Scout Hut unless the programme says elsewhere.

Date	Day	Event
6 January	Friday	Olympics 2012
13 January	Friday	First Aid Night
20 January	Friday	Chinese New Year
27 January	Friday	Ready Steady Cook
29 January	Sunday	PL training 13:00 - 17:00
3 February	Friday	Olympics 2012
8 February	Wednesday	District Indoor Scouting Comp
10 February	Friday	Wednesday and Friday Joint Scout Night
11- 12 February	Sat-Sun	Frostie 24 09:00 Sat - 11:00 Sun
15 February	Wednesday	Archery / Firelighting 13:00 - 17:00
17 February	Friday	Half term - No Meeting
24 February	Friday	Baden Powell Night
27 February	Monday	Founders Day Service 18:00 - 19:00
2 March	Friday	Olympics 2012
3 March	Saturday	Outdoor Scout Competition 09:00 - 17:00
9 - 11 March	Fri- Sun	Space Camp
16 March	Friday	Global Challenge
23 -25 March	Fri - Sun	Scout Walking Weekend



## Leader Contact Details



Claire Little

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## Hardship Fund

We believe Scouting offers exceptional value for money – however, Fram operates a hardship fund to ensure cost is never a barrier to Scouting – its criteria are very flexible so if you are struggling to meet the cost of Scouting please have a word with your Section Leader.

## Hut Work Continues

Work has continued on the new upstairs room – special thanks in particular are due to Graham, Su, Matt, Tony and Chris for their continued assistance. Once the plaster work is complete we'll be adding the skirting board, a few coats of paint and of course the new floor. If anyone would be willing to wield a paintbrush please let me know.

The next major project on the horizon is replacing the old wooden cladding with a more modern alternative – hopefully the new cladding will also make the building much warmer, cleaner and less draughty.

## The Queen's Diamond Jubilee

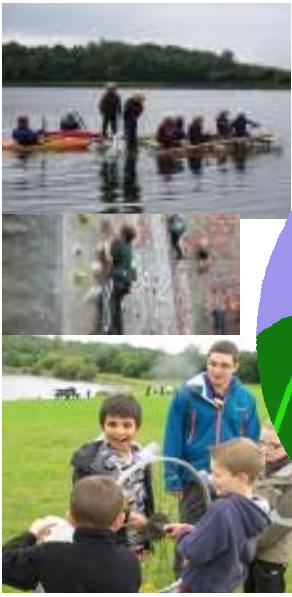
2012 is a special year for Her Majesty The Queen. Not only is she Queen of the country hosting the 2012 Olympic Games, but the year also has a particular significance for her: it is 60 years since she became Queen of the Commonwealth and Patron of both The Scout Association and Girlguiding UK.

A new badge to celebrate this has been launched. The badge can be worn by all Beavers, Cubs, Scouts and Leaders. (Also if any of you have any sister's in Guides they can wear it too!) You will all be given one by your leader. It will need to be placed above the purple round world badge on your uniform.





# Fram Group Camp



## Who?

This Camp is for anyone who is part of Fram Scout Group whether you're a Beaver, Cub or Scout, or even a leader or parent!

## When?

The 1<sup>st</sup> May Bank Holiday weekend.

### Scouts

- Friday 4<sup>th</sup> May – Monday 7<sup>th</sup> May

### Cubs

- Saturday 5<sup>th</sup> May – Monday 7<sup>th</sup> May

### Beavers

- Attending on Sunday 6<sup>th</sup> May during the day with an option to camp over with their parents on the Sunday Night!

## Where?

Dilston Campsite near Hexham in Northumberland. It's a beautiful campsite set on the banks of the river.

## What next??

We're still in the final planning stages for this but the important thing for you to do is to keep the date free as it would be great to get the whole group together all in one place.

Whilst on the camp we hope to do archery, campfire cooking, a hike, wide games, rafting, shelter building, and much much more!

More information will follow later this term so keep your eyes peeled!

## Parents

If you're a parent and would like to join us for the weekend then we need to be organised as we'll need to sort out a CRB check which will need completing by 17<sup>th</sup> March at the latest. If you are interested please ask a leader asap.



# Message from Our Chairman



As in any organisation, whether professional or voluntary, the leadership needs to have the support and encouragement of others who may not be involved in the day to day leadership issues. In business that would normally be the Board of Directors, but here at Fram that is the Scout Executive Committee (Exec).

The Exec comprises a Chairman, the Group Scout Leader, and a Secretary, Treasurer and six parent representatives who are elected at the AGM. There is also a Building Manager and a Quartermaster on the committee. To be effective, members of the Exec should have a wide range of different skills and experiences, which together assists the Leadership team. Most of the Committee have full time jobs as well as being Parents and supporters of Fram Scouts.

In addition to supporting the GSL, the Exec is also the legal Trustee as we own the freehold of the site, and as a registered charity we are obliged to ensure that we fully comply with all aspects of Charity Law. Nobody is expected to be an 'expert' and our aim is to work together as a team, supported by the Durham District. If you feel you could assist us then please talk to any leader.

Thanks, Tony Flower      Group Chair

## Group Scout Leader Contact Details

John Little

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